

Oslo Hash House Harriers #1500

9-11 June 2017

Surf and Turf

Oslo Hash House Harriers welcomes you to our run #1500: **Surf & Turf** where we will show some of the many Highlights of Oslo. The newly renovated venue offers a panoramic view over the city and is just minutes away from the surrounding forests and lakes where we will have the Saturday run. As the sun slowly sets, you can dance away to OH3's favourite band.

Sunday we'll take you to central Oslo for a hangover run featuring many of the sights and incorporate the spectacular waterfront.

This event offers a great opportunity to see the best of Oslo and all at a reasonable price and in the company of the famous Oslo H3 – don't delay, sign up NOW.

The weekend includes:

- 2 night's accommodation in a newly renovated venue
- Double rooms with en-suite
- A panoramic view of Oslo
- All your drinks (after the pub crawl)
- The best company all weekend
- Friday snack, 2 breakfasts, two lunches, one dinner
- Live music Saturday night by Oslo's best band (over 200m)
- Unique commemorative t-shirt
- Saturday run in beautiful forest and lakes (Turf)
- Sunday run downtown Oslo featuring the waterfront (Surf)
- 20 hours daylight and 4 hours of twilight
- Aquavit to cure hangovers

Friday 9 June Registration and dump your bags at a bar in central Oslo
Pay your own pub evening in selected pubs
Coach transport to venue (20 minutes)
Snack and night cap(s)

Saturday 10 June Breakfast (including breakfast of champions)
Run # 1500 (short, medium or Ballbreaker)
Lunch
Circle
Dinner
Party, including live music

Sunday 11 June Breakfast (including breakfast of champions)
Pack up and check out
Bus transport to central Oslo
Hangover run down town
Circle
Lunch

Registration online at <http://oh3.no/new/home>;

Venue <http://www.ronningen.fhs.no/>

Participants limited to 110 so sign up NOW